

Resources within Reason

Using Telepractice to Support Children and Families

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With the suspension of direct contact during the COVID-19 pandemic, colleagues and families are working to figure out what assessments, interventions, and home visits should look like. Here are some resources that may be useful to colleagues who are making the transition to technology as a medium to support children and families.

Telepractice Resources from the Early Childhood Technical Assistance Center (ECTA)

ECTA has created several websites that offer resources for both professionals and families. Each is described below.

- **Service Delivery Through Tele-Intervention and Distance Learning** – The first section of this site includes guides and information for supporting telepractice, including a video that illustrates the providing of early intervention services through distance technology. The second section includes tip sheets in English and Spanish to help families better understand how tele-intervention will work in helping to achieve their children’s outcomes and a checklist to help prepare for a tele-intervention visit.
<https://ectacenter.org/topics/disaster/ti-service.asp>
- **Tele-Intervention and Distance Learning** – The site includes information about state policy and funding for telepractice, as well as resources from professional organizations and national centers.
<https://ectacenter.org/topics/disaster/tele-intervention.asp#additional>
- **Use of Tele-Intervention in Early Intervention: Strategies for Providing Services Under the COVID-19 Public Health Emergency** – A presentation file and recording of this 2020 ECTA-sponsored webinar are available online.
<https://ectacenter.org/events/webinars.asp>

Effectiveness of Tele-Intervention and Distance Learning

This website includes links to articles on telepractice from the *International Journal of Telerehabilitation*.

<https://ectacenter.org/topics/disaster/ti-efficacy.asp>

Tele-Intervention and the Routines-Based Model

This blog from Robin McWilliams highlights how the principles of the Routines-Based Model match the demands of distance service delivery, the definition of tele-intervention, the research behind telepractice, and how to use telepractice in conducting routines-based interviews and home visits.

<http://naturalevironments.blogspot.com/2020/03/tele-intervention-and-routines-based.html>

Telehealth Service in Infant Mental Health Home Visiting

This document offers some ways of tailoring strategies that are part of infant mental health services to be effective in the context of telemental health.

<https://static1.squarespace.com/static/5884ec2a03596e667b2ec631/t/5e7a06b74a30cc36ee11cc30/1585055421397/Telehealth+MH+Document.pdf>

Telepractice Resources from Three States

Ohio - This video series includes eight segments on how video, video conferencing, and related technologies can improve access to, and the quality of, supports for children, families, and early intervention teams.
<https://ddc.ohio.gov/video-ei-series>

Pennsylvania - Check out these resources to support early intervention work using tele-intervention.

<http://www.eita-pa.org/resources-to-support-ei-work-during-covid-19/>

Utah - This Utah State University site includes a sequence of three free tele-intervention e-learning courses – one for families, one for providers, and one for administrators. A free tele-intervention guide with additional resources is available at the same site.

<http://www.infanthearing.org/ti101/>

Resources within Reason is a free, one-way listserv provided by the Division for Early Childhood (DEC). All resources are evidence-based, readily available and free.

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