

This is a quick reference guide to explore your options while preparing for or navigating life after high school. There are many more, but this will get you started!



Employment

- ☐ Vocational Rehabilitation
- ☐ Tennessee's American Job Centers (Career Centers)
- ☐ ECF – The Employment and Community First CHOICES Program
- ☐ Benefits to Work
- ☐ Project SEARCH

Post-Secondary Education

- ☐ Tennessee Universities
- ☐ Community Colleges
- ☐ Post-Secondary College Programs for students with Intellectual and Developmental Disabilities (and those who graduate without a regular education high school diploma)
- ☐ Tennessee Rehabilitation Center at Smyrna
- ☐ Offices of Disability Services on college campuses

Post-Secondary Training (Trade Schools)

- ☐ Tennessee Colleges of Applied Technology (*formerly the Technology Centers*)

Independent Living

- ☐ Tennessee's Centers for Independent Living
- ☐ ECF – The Employment and Community First CHOICES Program

Other Resources

- ☐ Tennessee's Technology Access Centers
- ☐ Tennessee Achieving a Better Life Experience (ABLE TN)
- ☐ Social Security Income
- ☐ Tennessee Disability Pathfinder